

Hello, everyone!

Students of B.A. Honors (Humanities and Social Sciences) are glad to announce the Annual Counseling Fest- **Meraki**, of Cluster Innovation Centre (CIC), University of Delhi. This year's theme focuses on Child Sexual Abuse and Body Image, which are two projects being run at CIC under the mentorship of M. Khyothunglo Humtsoe, Assistant Professor.

The project members of **Child Sexual Abuse' (CSA)** are Aniket Bose, Ened D'souza, Payal, and Shipra Praliya of 2<sup>nd</sup> Year B.A. Hons (Humanities and Social Sciences). With the last nation-wise study done 10 years ago by Ministry of Women and Child Development, the current situation of CSA in India, still remains, largely unknown. Therefore, the projects aims at assessing the prevalence and knowledge of CSA within various domains: school children, parents, teachers of Delhi NCR, and undergraduate students of University of Delhi. This project also aims at breaking the myths and spreading awareness about CSA, through a short-film, to be screened at Meraki.

The other project on **Body Image** has first year students, Devang Pandey, Divyanshu Rajpurohit, Sneha Singh, Yashi Chauhan, Aarushi Guliya and also a third year student, Biraj Majumder. The aim of this project is to conduct an experimental study to see the effects of television advertisements and popular media on an adolescent's body image. It is of utmost importance for everybody to have a healthy perception of themselves. A negative body image can lead to numerous psychological issues, and hence we want to create a space for conversation and free expression about one's insecurities that seep out of body image issues.

We look forward to your presence, encouragement, enthusiasm and participation in the following activities we have planned out to spread awareness on the above mentioned issues.

The events of the fest are as follows:

- 1) **Screening of "Breaking the myth"**, a movie made by the members of Child sexual abuse project.
- 2) **Slam poetry competition** on the theme of Body image and Child sexual abuse.
- 3) **Doodle competition** on the theme of Body image
- 4) **Photography competition** on the theme of Child sexual abuse and Body image

Other highlights of the events-

- 1) Stalls for shopping
- 2) Food stall

See you around!

Date – 12<sup>th</sup> April, 2017

Time - 11 am -4 pm.

Venue - First Floor, University Stadium,

University of Delhi (North Campus)

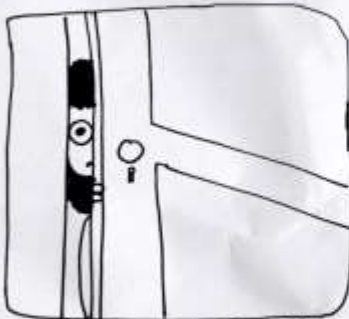
Delhi-110007

Follow our page for further details: [facebook.com/merakicic](https://facebook.com/merakicic)

For further details please contact:  
9891064571 (Shipra Praliya)  
9989755379 (Ened D'Souza)

# MERAKI 2017

## ANNUAL COUNSELLING FEST



I HATE TO BE SEEN



EVERY STARE FEELS LIKE A STAB



I HAVE STARTED TO SEE MYSELF THE WAY THEY SEE ME



I AM WHATEVER IS WRONG WITH ME



I AM WHATEVER HAPPENED TO ME



I DESERVED ALL OF IT

### THEMES

BODY-IMAGE  
CHILD SEXUAL ABUSE

### ACTIVITIES

FILM-SCREENING  
PANEL-DISCUSSION  
DOODLE-COMPETITION  
SLAM POETRY  
PHOTOGRAPHY COMPETITION

### DATE & VENUE

APRIL 12, 2017  
11 AM ONWARDS  
CLUSTER INNOVATION CENTRE,  
UNIVERSITY STADIUM,  
UNIVERSITY OF DELHI.

FOLLOW OUR PAGE 'I CHOOSE TO EXPRESS' FOR DETAILS AND VENUE OF EACH EVENT!



Cluster  
Innovation  
Centre  
University of Delhi

CONTACT  
iexpress.cic@gmail.com  
+91 9989755379

**Here's an opportunity for all those back-page doodlers to draw their hearts out!**

The Annual Counselling fest of Cluster Innovation Centre (CIC) - Meraki presents you the **Doodle Competition.**

The event is scheduled on April 12, 2017 and starts at 2 PM in Class 125, 1st floor, CIC, Rugby Sevens building, North Campus, University of Delhi.

**Rules:**

1. Entry for first 10 registered participants. Registration on first come - first occupy basis.
2. Topic of the doodle competition: Body Image.
3. Sub themes to be given on the spot.
4. Doodle sheets (Size: A3) to be provided from CIC. Participants have to bring their own colours and other drawing materials.
5. Time limit : 45 minutes
6. Prize for the winner.
7. Participation certificates for all.
8. To register, follow the link : <https://goo.gl/forms/lqureByLcanenG342> When April 12, 2017.

Be there ! Exciting prizes to be won.

**For details and queries contact:**

Devang 8978339256

Yashi 7042300249



**MERAKI, 17**  
ANNUAL COUNSELLING FEST

**Doodle Competition**  
**Topic: Body image**

- only 10 participants
- register from QR code or contacts given below
- winner gets a prize
- participation certificates for all

April 12, 2017, 2 PM - 2:45 PM  
Class 125,  
Cluster Innovation Centre,  
University Stadium,  
University of Delhi.

 Cluster Innovation Centre  
University of Delhi



Sponsored by  
Mr. Ashu Mishra, CIC

**BE BEYOUTIFUL**

Contact:  
lexpress.cic@gmail.com  
fb.com/merakicic  
Devang: +91 89783 39256  
Yashi: +91 70423 00249

artwork by: andrew castillo

Hello, everyone!

We are glad to announce the **Meraki - Annual Counseling Fest** of Cluster Innovation Centre (CIC), University of Delhi. This year's theme focuses on Child Sexual Abuse and Body Image, which are two projects being run at CIC.

The fest will begin with screening of '**Breaking the Myth**' which will be followed by a panel discussion. The short-film is directed, written, and acted by the counselling students of CIC. They aim at, as the title says, breaking the myth regarding child sexual abuse. We cordially invite you to the screening and panel discussion that will follow. The panel discussion will include an open-session with the production team.

**When-** April 12, 2017 at 11:30 AM

**Where-** Lobby Area, Cluster Innovation Centre, University Stadium, North Campus, University of Delhi.

We look forward to your presence, thank you!



Hello, everyone!

We are glad to announce the **Meraki - Annual Counseling Fest** of Cluster Innovation Centre (CIC), University of Delhi. This year's theme focuses on Child Sexual Abuse and Body Image, which are two projects being run at CIC.

A photography competition is one of the events of the fest. Participants have to work on the themes: Body Image and Child Sexual Abuse.

**The following are the rules: -**

- Minimum size: 3500 x 3500 pixels (as it will be printed later)
- JPG or PNG formats only
- 2 entries per participant
- April 9, 2017 is the last date of submission

Send in your photos to [iexpress.cic@gmail.com](mailto:iexpress.cic@gmail.com).

10 entries will be shortlisted and these will be exhibited at Cluster Innovation Centre, on April 12, 2017. These shortlisted individuals will get a certificate and the winner gets a prize.

**When-** April 12, 2017. 3 PM - 3:30 PM

**Where-** Lobby Area, Cluster Innovation Centre, University Stadium, North Campus, University of Delhi.

**MERAKI, '17**  
ANNUAL COUNSELLING FEST

**PHOTOGRAPHY  
COMPETITION**

**THEMES**  
BODY IMAGE  
CHILD SEXUAL ABUSE

**ENTRY DETAILS**  
MAIL AT  
IEXPRESS.CIC@GMAIL.COM  
BY APRIL 9, 2017  
SIZE: MIN. 3500X3500 PIXELS  
FORMAT: JPG OR PNG  
TWO ENTRIES PER  
PARTICIPANT

**EXHIBIT & WINNER**  
10 SHORTLISTED PHOTOS  
EXHIBITION WITH CERTIFICATES  
WINNER GETS A PRIZE ON  
APRIL 12, 2017, 3PM - 3:30 PM  
CLUSTER INNOVATION CENTRE,  
UNIVERSITY STADIUM,  
UNIVERSITY OF DELHI

Sponsored by  
Uncle's Caterers

Cluster  
Innovation  
Centre  
University of Delhi

BE BEYOUTIFUL

Contact  
fb.com/MerakiCIC  
Emed. +91 99897 55379

Hello, everyone!

We are glad to announce the **Meraki - Annual Counseling Fest** of Cluster Innovation Centre (CIC), University of Delhi. This year's theme focuses on Child Sexual Abuse and Body Image, which are two projects being run at CIC.

**A slam poetry competition** is one of the events of the fest. Miss Sabika Naqvi and Miss Arushi Aggarwal will be judging the competition.

The details are as follows:

1. Entry is open to all and participants may perform in either English or Hindi.
2. All poems must be original and plagiarism of any kind will lead to disqualification.
3. All participants are requested to register themselves with either one of the contacts listed and send in their entries latest by 5:00 pm, 10<sup>th</sup> April 2017.

4. Only the first 10 participants to send in their poems will be a part of the competition.
5. There are two themes that participants may choose from, namely, "Body Image" and "Child Sexual Abuse"
6. Prize to be won. The winner will be announced on the same day and participants need to be present to collect their certificate and prize.

**When-** April 12, 2017. 2 PM - 3 PM

**Where-** Lobby Area, Cluster Innovation Centre, University Stadium, North Campus, University of Delhi.

We look forward to your presence, thank you!

Cluster Innovation Centre  
University of Delhi

# MERAKI, '17

ANNUAL COUNSELLING FEST

## Slam Poetry

Topics: - *Body Image*  
- *Child Sexual Abuse*

April 12, 2017  
2pm - 3pm  
Cluster Innovation Centre  
University Stadium  
University of Delhi

Sponsor  
MOOL CREATIONS

BE BEYOUTIFUL

Contact  
iexpress.cic@gmail.com  
Aarushi: +91 90138 07793  
Niharika: +91 95826 07726